World Stroke Day – A Lunchtime Discussion 28 October 2010

Following on from a successful event in 2009, the SSRN held a Lunch Time Discussion for their second World Stroke Day Event on Thursday 28 October at the British Heart Foundation Building at the University of Glasgow.

Around 35 stroke patients and their carers attended in addition to 14 health care professionals. The programme started with coffee and a warm welcome and introduction from Professor Matthew Walters, Director of the Scottish Stroke Research Network and Professor of Clinical Pharmacology. After presentations from Bridget St George, Research Assistant NMAHP of Glasgow Caledonian University on ‘Life after Stroke in Scotland’, Professor Walters returned to give a talk on ‘Imaging of stroke patients – where we’ve been and where we’re going’ which many people commented on the evaluation forms as being the highlight of the day.

Lunch followed and during this time Professor Walters took interested parties on a tour of the excellent facilities at the BHF Glasgow Cardiovascular Research Centre Building which provides a multidisciplinary research environment and state-of-the-art experimental and clinical facilities to further vital research into cardiovascular disease and stroke. The tour ended with a visit to the MRI scanner.

The day finished with discussion time during which patients and their carers were able to question the panel, (Professor Walters, Maddy Halliday, Director of the Stroke Association, Kathleen Frew, Chest, Heart & Stroke Scotland, Bridget St George, Glasgow Caledonian University and Katrina Brennan MCN Scottish Manager) on different aspects of stroke care and treatment.

Some quotes which summed up World Stroke Day 2010 in Scotland

‘the relaxed atmosphere made me feel welcome …’

‘I enjoyed learning about the latest treatments & research …’

‘it was good to meet with other persons /organisations concerned with stroke...’

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