

WSO FUTURE STROKE LEADERS PROGRAM Cohort 3 *Welcome!*

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader".
John Quincy Adams

FSLP Program Overview

Future Stroke Leaders Programme

- Initiated by the World Stroke Organization in 2020
- A tailored program to equip a global cohort of early career clinicians and researchers with in-depth understanding of the key challenges in relation to stroke in their region and globally



Key Programme Elements



20 online and 2 face to face sessions



Funded projects with tangible results



International, local, and cross-disciplinary collaboration



Community building

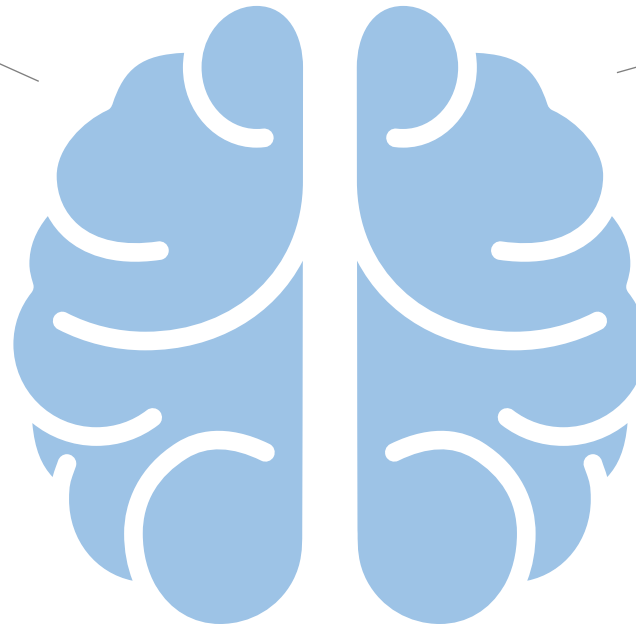
The Future Stroke Leader program at a glance



A content-rich 2-year program with 20 online sessions (3 hours each), case studies, simulations, group work sessions on planning grants, conducting research, publishing results, a face-to-face conference, funded projects' development and World Stroke Congress participation



The programme has a public webpage, a participant-only learning platform, and a dedicated WhatsApp channel for participant collaboration



Hugh Markus
Professor of Stroke Medicine and
Honorary Consultant Neurologist in the
Department of Clinical Neurosciences
UK



Christopher Chen
Senior Clinician-Scientist
Singapore



Valeria Caso
Consultant Neurologist
Italy

Participants are international healthcare practitioners with proven accomplishments, growth potential, and a commitment to excel

The 1st cohort (2020) consisted of 26 professionals from 23 countries

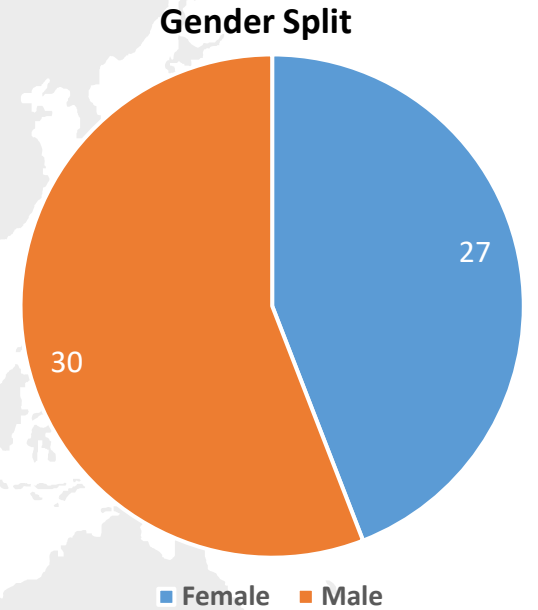
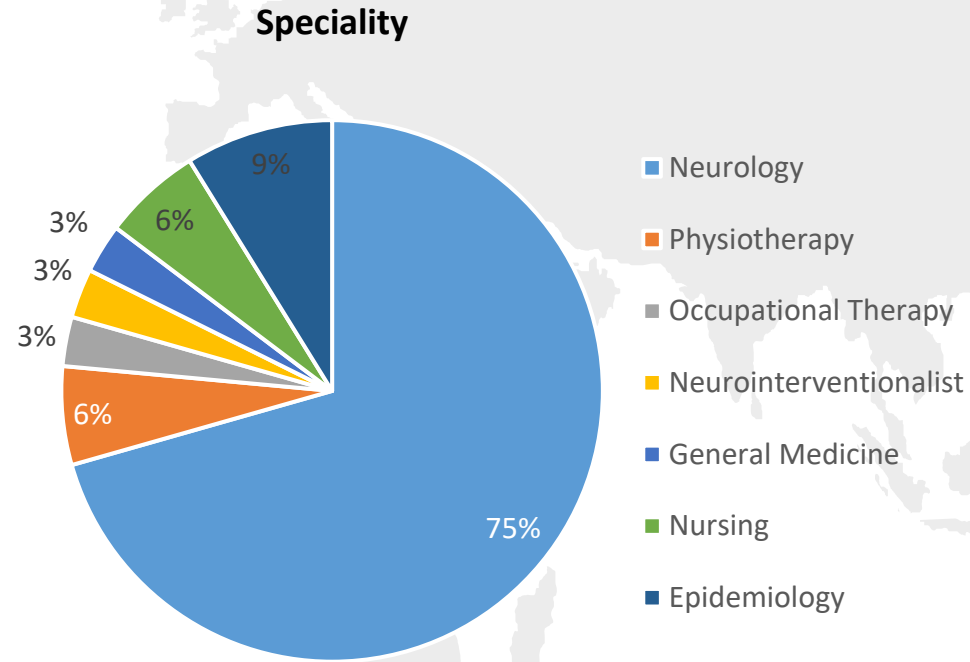
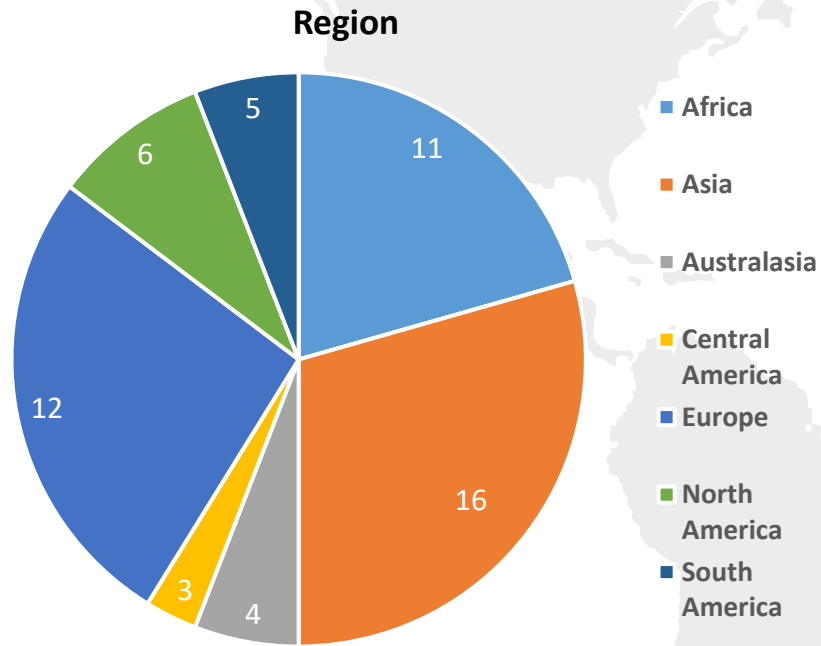
The 2nd cohort (2022) consists of 31 professionals from 25 countries

The 3rd Cohort (2024) consists of 28 professionals from 21 countries



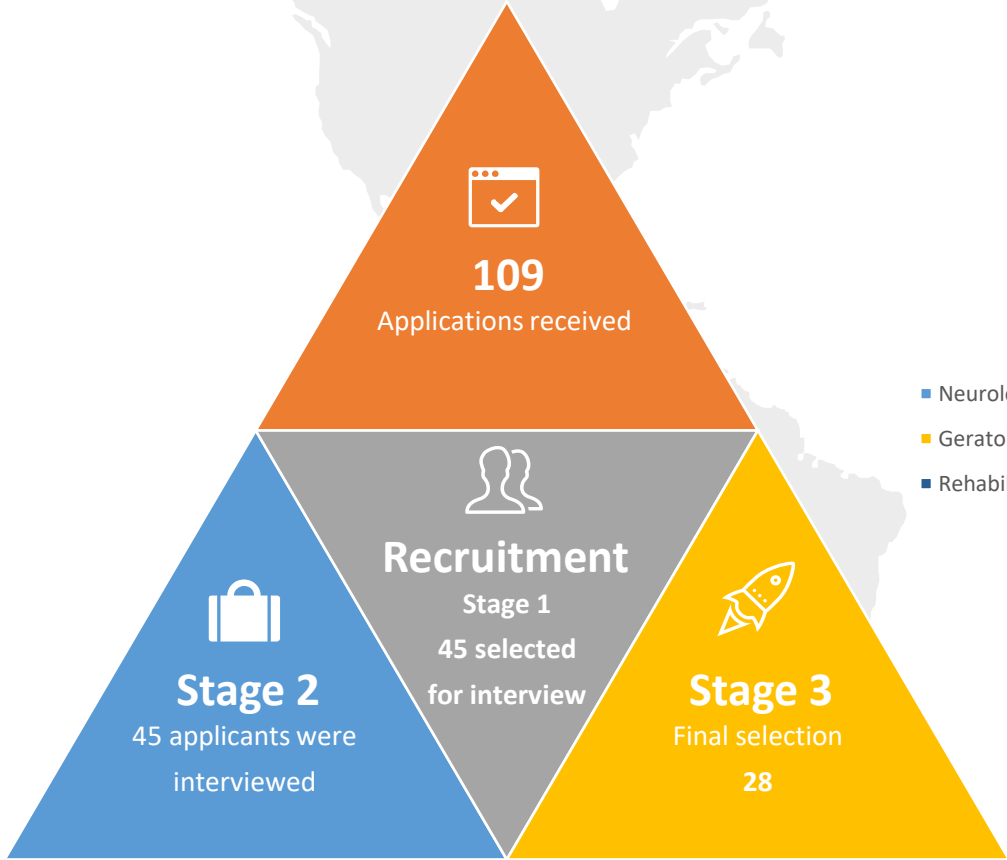
The programme is faculty-led by international stroke experts, supported by an external communication agency and guest speakers

FL Cohorts 1 & 2 - 57 professionals from over 40 countries & diverse backgrounds

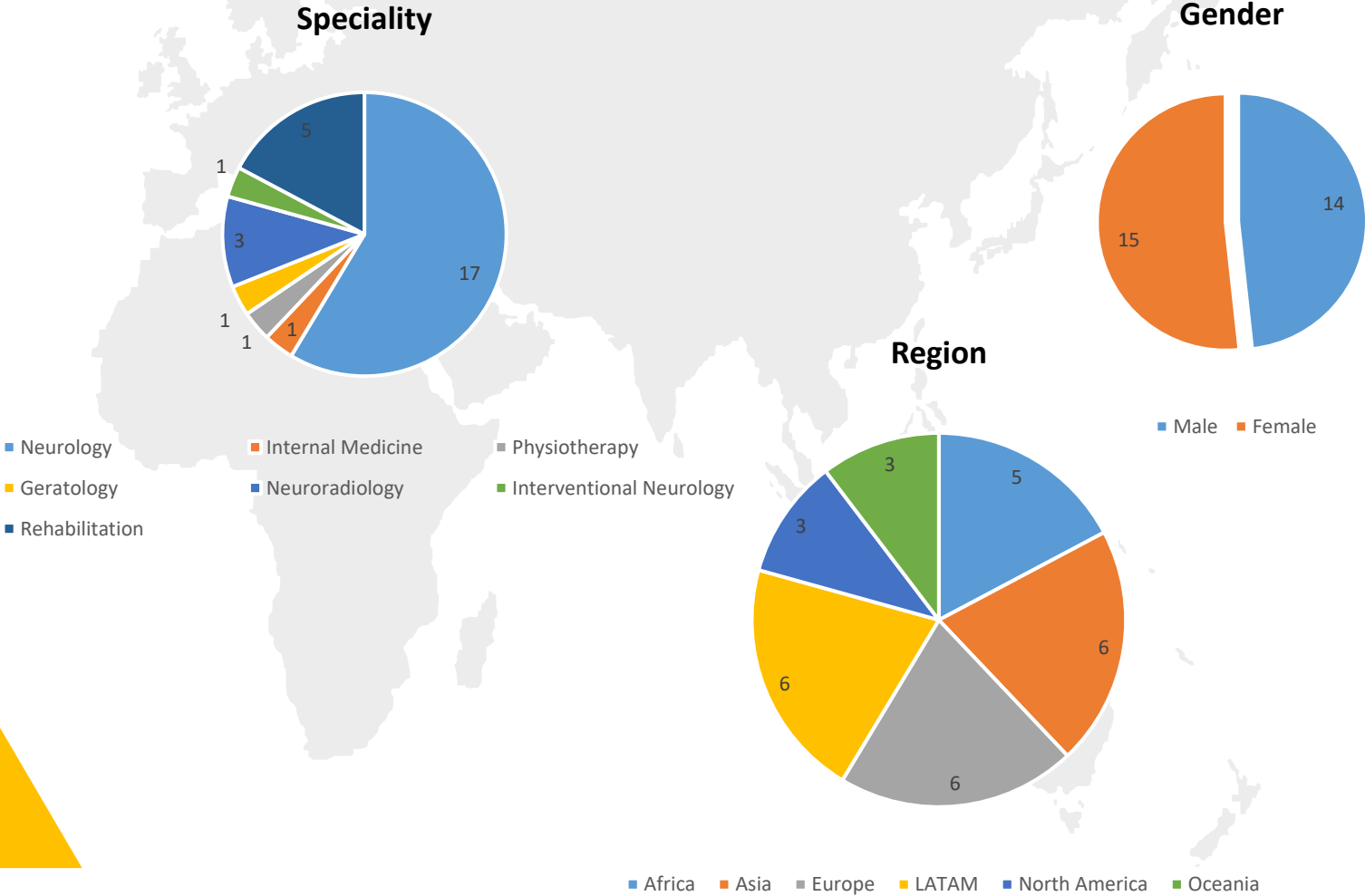


FL Cohort 3

Recruitment Phase



Cohort composition



FSLP Program Objectives & Requirements

Future Stroke Leaders Programme KPI's



Using FSLP Programme to accelerate global action

Impact Levels

-  **Global:** Publications, cross- disciplinary collaborations, educational activities
-  **National:** LMIC projects: Africa, India, Brazil, Egypt, Honduras, etc
-  **Organizational:** WSO engagements, hospitals and stroke associations improvements
-  **Personal:** knowledge transfer, international collaborations, supportive network, friendships



Program Objectives and Requirements

Programme Objectives

Building capacity for stroke care worldwide

- ✓ WSO established the Future Stroke Leaders Programme to identify and cultivate *individuals* capable of *transforming stroke care globally*.
- ✓ Since its inception, the program has aimed to equip emerging leaders with the skills, knowledge, and networks necessary to drive improvements in stroke prevention, treatment, and support.
- ✓ This initiative reflects WSO's commitment to addressing the *global burden of stroke* by developing *leaders who can innovate and implement effective stroke care strategies worldwide*.

Programme graduation requirements:

- Being present is not enough - active participation, complete obligatory elements to qualify for graduation: see letter
- Attendance: 97% online sessions
- Join face to face sessions in Italy and WSC2026 graduation
- Engage in WSO activities: IJS, WSA, Certification, Committees, Implementation, manage impactful activities locally (local conferences, implementations, awareness)
- Submit impact report twice

Our Purpose

- **Foster Collaboration:** Build a network of stroke leaders to share best practices and innovative solutions.
- **Community Building:** Create a platform for exchanging ideas and resources on stroke care.
- **Education & Training:** Support ongoing education, professional development, and mentorship in stroke care.
- **Public Awareness:** Promote awareness of stroke prevention, treatment, and early recognition.
- **Advocacy:** Advocate for better access to stroke care, especially in underserved communities.
- **Innovation & Research:** Encourage new research initiatives and innovative approaches in stroke care.
- **Enhanced Communication:** Strengthen dialogue between stroke leaders, organizations, and policymakers.
- **Policy Influence:** Amplify the voice of stroke leaders in shaping health policies.



FSL Cohort 3 Programme Overview Year 1

Implementation of Quality Stroke Care

Name	Date
Inaugural call: Organizing committee & Future leaders Intro; Programme Overview	21 November 2024, 2-5 PM, CET
Planning your project	20 January 2025, 3-6 PM CET
Knowmium communication workshop	6 February 2025, 9 AM- 1PM CET
How to get your project published?	17 February 2025, 3-6 PM CET
Shark tank session: Finalizing project ideas	6 March 2025, 2-5 PM, CET
FSLP FTF, Perugia, Italy	31 March - 4 April 2025, 8 AM–6 PM. Your travel expenses and accommodations will be covered. Attendance is obligatory.
Leadership	9 June 2025: 3-6 pm CET
Rehabilitation	17 September 2025: 3-6 pm CET
<i>Optional event:</i> WSC Congress 2025, Barcelona Spain	22 – 25 October 2025: Free entry ticket to the congress will be provided. Travel and accommodations are not covered.

Future Sessions

Please share any topics or subjects you feel are missing and that you would like to see included to help you be more successful during & after the program



Funded projects framework

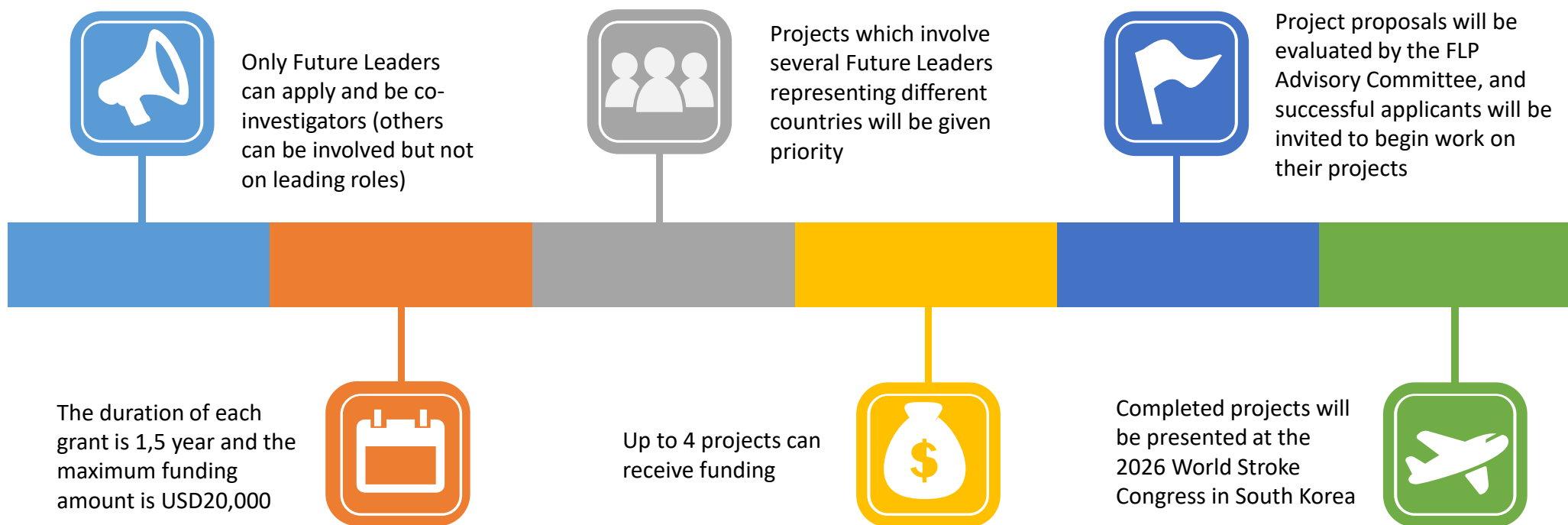
All proposed projects should be in line with the WSO's Mission:

To reduce the global burden of stroke through more effective prevention, better treatment and long-term support

This Cohort's Future Stroke Leaders Programme theme is "*Implementation of Quality Stroke Care*" with the following areas of focus:

- Primary and Secondary Stroke Prevention
- Acute Stroke Care
- Post-Acute Stroke Care and Rehabilitation
- Global and Regional Priority Actions

Cohort 3: Funded project requirements

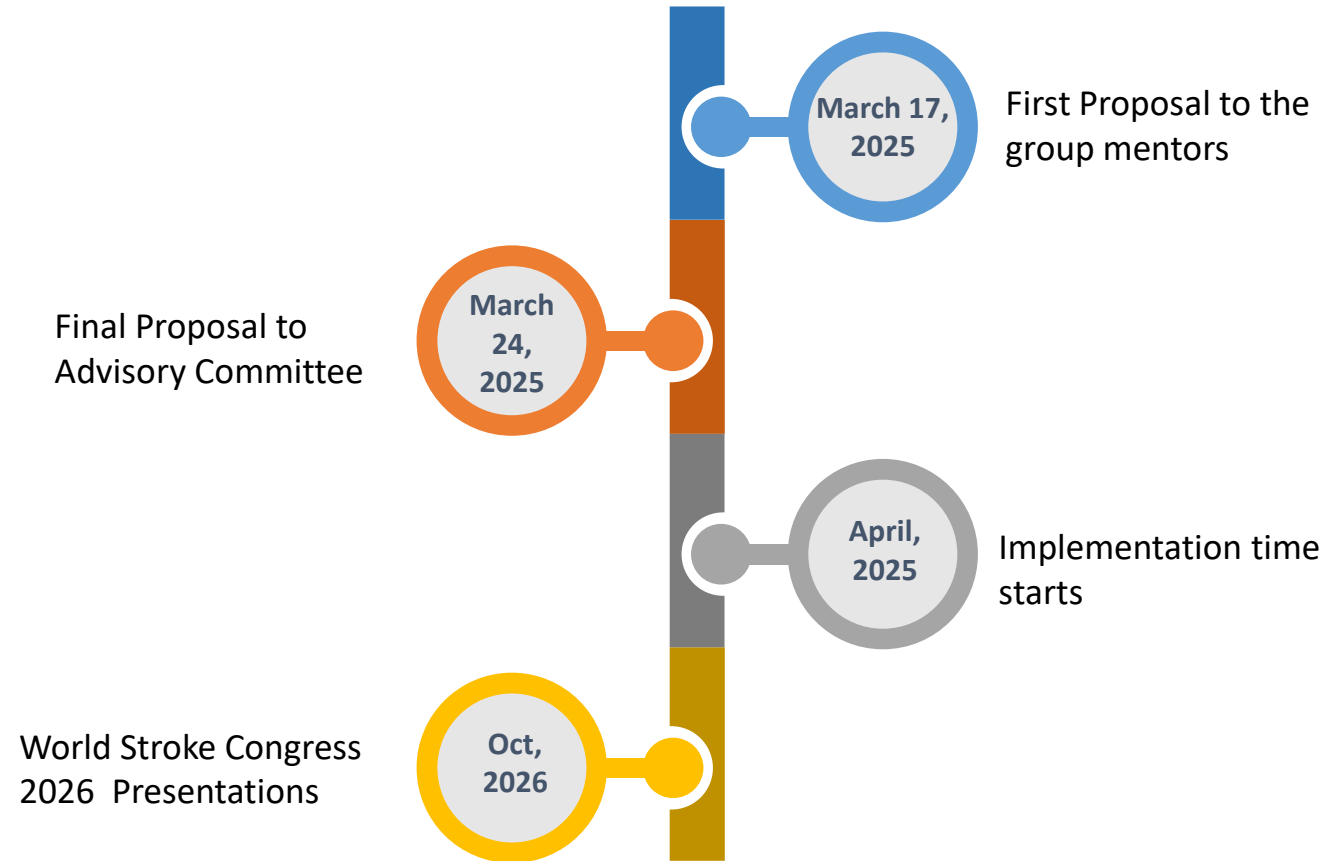


Project Planning & Next Steps

- **Budget:** Can vary per project, ranging from **€0 up to €20,000** depending on the scope and needs.
- **Start Time:** ASAP — please begin circulating your ideas and suggestions.
- **Collaborator Invitations:** Reach out and confirm collaborators early to ensure strong participation.
- **Key Date: 6 March 2025 Session** — Share your final project ideas and receive feedback.
- **FTF Meeting in Perugia:** Selected project groups will meet in person.



Funded projects' timeline



FSLP Program Cohort 1 & 2 Achievements

Future Stroke Leaders Programme

Cohort 1 funded projects outcomes

1

Acute care

Feasibility and challenges of acute stroke care implementation in two African countries: a pilot study.

Outcomes:

Educational modules, tele-stroke app development

2

Task sharing

Establishing Organized Stroke Care In Low-And-Middle Income Countries: From Training of Non-Specialist to Implementation

Outcomes: ENIGMA Stroke App- mobile application developed especially for non-specialists to aid them in delivering evidence-based stroke care

<https://journals.sagepub.com/doi/full/10.1177/25166085231158425>

3

Post-stroke care

Improving life after stroke for young people: analysis of unmet needs and development of resources across countries

Outcomes:

Improved stroke care pathways both globally and regionally

4

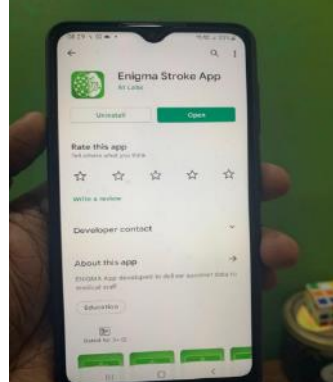
Cost of stroke care

Unveiling the cost of Acute Stroke Care in Latin America: a comprehensive analysis

Outcomes:

Opportunity to perform cost-effectiveness analysis with real-world data in countries where thrombolysis or mechanical thrombectomy is not widely available

<https://pubmed.ncbi.nlm.nih.gov/35137645/>



Future Stroke Leaders Programme

Cohort 2 funded projects outcomes

1

Acute care

Telestroke care – a review of global practices

Outcomes: Overview and characterization of global Telestroke networks, WSO Telestroke Committee Establishment, Publication:

<https://journals.sagepub.com/doi/10.1177/17474930241298450>

<https://pubmed.ncbi.nlm.nih.gov/39460528/>

2

Acute Care/Network

Mapping the Access for the Patient with Acute Ischemic Stroke Globally – MAPSTROKE Global

Outcomes: Tool for showing current coverage of stroke centers is available online: www.mapstroke.org

Publication: <https://journals.sagepub.com/doi/10.1177/17474930241234528?icid=int.sj-full-text.citing-articles.5>

countries using the tool to drive implementation policies: Italy, Colombia, Egypt

3

Post-stroke care

Improving the Access to Post-stroke Rehabilitation in Resource-limited Settings through Innovative Automated Telerehabilitation Technologies

Outcomes: Global survey on the status and barriers of telerehabilitation, Acceptability, usability and feasibility of a therapist-guided automated telerehabilitation platform: 5 countries (6 hospitals), presented in 5

international conferences: <https://www.youtube.com/watch?v=-m8dWEBeJcs>

4

Acute care/Education

Decreasing the Burden of Stroke in Sub-Saharan Africa Establishing Stroke Units in the Urban and Rural Public Hospitals Supported

Outcomes: 2 stroke units opened in Tanzania, continuous educational modules developed and offered for the medical practitioners, stroke registries and protocols created, publications:

<https://www.ahajournals.org/doi/10.1161/STROKEAHA.123.043627>

<https://journals.sagepub.com/doi/abs/10.1177/17474930231219584>

<https://www.sciencedirect.com/science/article/pii/S2211419X24000181>

National Level Impact

Development of a statewide stroke registry (USA, Africa)

Cooperated with the State Department of Health (Africa, Belgium)

WSO Certification of Stroke Centers Program for Latin America

Collaborated with institutional stakeholders and regional EMS agencies to develop a standardized EMS prenotification/pre-alert workflow to reduce treatment times

Hospital audit of > 120 primary and advanced stroke centers and a pre-hospital audit of stroke care in over 40 regions. 40 official meetings with regional ministers of health

Awarded 3 large nationally competitive research grants, had the opportunity to provide expert input to a global position statement and media appearances on national TV.



Regional African Developments

- Increasing awareness among African neurologists about stroke care in different countries
- Creating educational activities and workshops
- Stroke medication 🧴 tPA made available in Ethiopia
- First IV thrombolysis for Stroke in a public hospital, Ethiopia
- Meetings with the Ministry of Health to improve neurological care with focus on stroke in Tanzania



Establishing Stroke Registers in Sub-Saharan Africa: Experiences From 2 Large Referral Hospitals in Tanzania

Jutta Adelin Jørgensen and Sarah Shali Matuja

Originally published 14 Jul 2023 | <https://doi.org/10.1161/STROKEAHA.123.043627> | Stroke. 2023;54:e417–e418

"Establishing Stroke Registers in Sub-Saharan Africa: Experiences From 2 Large Referral Hospitals in Tanzania." *Stroke*, 54(9), pp. e417–e418



AFRICAN STROKE ORGANIZATION NEWSLETTER VOLUME ONE

September 2021

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ne to the Inaugral edition of the ASO Newsletter. In this first edition:

eticia Afi Gomado introduces the ASO Newsletter

r Rufus Akinyemi introduces the ASO mission and conceptual amework.

r Meron A. Gebrewold shines the ASO Spotlight on Stroke in Ethiopia

r Yared Manushet Yifru describes his career journey and developme
roke services in Ethiopia

r Bruce Ovbiagele explains the benefits of the first ASO Conference
ssoc Professor Ahmed Nasreldin discusses dual antiplatelet therap
chaemic stroke and TIA

MAHARAJA, F. (2021) THE ASO NEWSLETTER

Mehari Gebreyohannis, MD, FAHA, FAAN

@MehariG_MD

ke medication tPA made available in Ethiopia only few
ast month pic. here giving training w/@sheilambrasil-
irDarUnivers doctors on this pic @MulugetaBiyadg1
egnawMd announced gave the 2nd treatment to a patient
ratulations! @WorldStrokeOrg



International Publications

Neurological Sciences
<https://doi.org/10.1007/s10072-023-07026-x>

ORIGINAL ARTICLE



Do stroke services still show sex differences? A multicenter study

Nevine El Nahas¹ · Hossam Shokri¹ · Tamer Roushdy¹ · Noha Dawood¹ · Amr Zaki¹ · Mehdi Farhoudi² · Elyar Sadeghi Hokmabadi² · Amal Al Hashmi³ · Waldemar Broda⁴ · Krystian Kosno⁵ · Cristian Falup-Pecurariu^{6,7} · Bogdan Ciopleas^{6,7} · Joan Montaner^{8,9} · Soledad Pérez-Sánchez^{8,9} · Manoj Mittal¹⁰ · Kandis Dowd¹⁰ · Annie Banke¹⁰ · Nicholas Vigilante^{11,12} · James Siegler¹² · Atilla Ozcan Ozdemir¹³ · Ozlem Aykac¹³ · Zehra Uysal Kocabas¹³ · Donoband Melgarejo¹⁴ · Analía Cardozo¹⁴ · Lorena Peralta¹⁴ · Hany Aref¹ · Valeria Caso¹⁵

Research

Journal of Stroke WSO

International Journal of Stroke
2022, Vol. 17(9) 990–996
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sagepub.com/journals-permissions
DOI: 10.1177/17474930221082446
journals.sagepub.com/home/wso



Yperzeele et al.
Neurological Research and Practice (2023) 5:1
<https://doi.org/10.1186/s42466-022-00221-9>

Regional and national differences in stroke thrombolysis use and disparities in pricing, treatment availability, and coverage

Ana Claudia de Souza¹ , Ivy Anne Sebastian², Wan Asyraf Wan Zaidi³, Ahmed Nasreldein⁴ , Danira Bazadona⁵, Pablo Amaya⁶ , Ahmed Elkady⁷ , Meron Awaris Gebrewold⁸ , Pongpat Vorasayan⁹, Nune Yeghiazaryan¹⁰, Patrik Michel¹¹ , Pooja Khatri¹², Jeyaraj Durai Pandian¹³ , Sheila Cristina Ouriques Martins¹⁴, Werner Hacke¹⁵ and Vasileios-Arsenios Lioutas¹⁶

Original Article

Establishing Organized Stroke Care in Low- and Middle-Income Countries: From Training of Non-specialist to Implementation

Ivy Anne Sebastian¹ , Marika Demers², Nune Yeghiazaryan³, Wan Asyraf WZ⁴, Ahmed Nasreldein⁵ , Urvashy Gopaul⁶, Marina Charalambous⁷ , Shamala Thilarajah⁸, Kwah Li Khim⁹ and Venugopalan Y Vishnu¹⁰

Journal of Stroke Medicine
1–6
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in.sagepub.com/journals-permissions-india
DOI: 10.1177/25166085231158425
journals.sagepub.com/home/stm

Telemedicine networks for acute stroke: an analysis of global coverage, gaps and opportunities

Christine Tunkl¹ , Ayush Agarwal² , [...] and Anna Ranta³ [View all authors and affiliations](#)

[Accepted Manuscripts](#) | <https://doi.org/10.1177/17474930241298450>

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Neurological Research
and Practice

REVIEW

Open Access



Key design elements of successful acute ischemic stroke treatment trials

L. Yperzeele^{1,2} , A. Shoamanesh³, Y. V. Venugopalan⁴, S. Chapman⁵, M. V. Mazya^{6,7}, M. Charalambous^{8,9}, V. Caso¹⁰, W. Hacke^{11*}, P. M. Bath¹² and I. Koltsov^{13,14,15}


International Publications

➤ Integrated Approach to Stroke burden: Are we doing enough?
(commentary in Lancet Neurology)

Journal of the American Heart Association

ORIGINAL RESEARCH

Educational Needs of People Living with Atrial Fibrillation: A Qualitative Study

Caleb Ferguson , RN, PhD; Louise D. Hickman, RN, PhD; Lien Lombardo, RN, BN; Annie Downie, RN, MCN; Beata Bajorek, BPharm, PhD; Serra Ivynian, BMed Sci (Hons), PhD; Sally C. Inglis, RN, PhD; Rochelle Wynne, RN, PhD


ESO EAST Project Supplement

Stroke care in Armenia: Recent developments


Nune Yeghiazaryan^{1,2} , Anna Isahakyan², Lina Zubalova^{1,2}, Yekaterina Hovhannisyan³, Greta Sahakyan⁴, Sharon Chekijian¹, Samson G Khachatryan², Mikael Skon Muratoglu⁶, Manvel Aghasaryan⁷ and Viken L Babikian⁸; on behalf of the Armenian Stroke Council



UPESI: Swahili translation of the FAST acronym for stroke awareness campaigns in East Africa

Peter Kuria Waweru^{a b c} , Elijah Yulu^{b d}, Sarah Shali Matuja^e, Samwel Maina Gatimu^{b f}

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<https://doi.org/10.1016/j.afjem.2024.05.003>

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Neurological Sciences
<https://doi.org/10.1007/s10072-023-07026-x>

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Stroke

AboutSectionsTools

NO ACCESS | RESEARCH ARTICLE

Stroke Beyond Borders: Building strategies to Improve Stroke Care worldwide

Claudia de Souza, Vasileios Lioutas, Ivy Sebastian, An Asyraf, Pablo Amaya, Eva Rocha, Aaron Gebrewold, Miguel A. Barboza and Reila Cristina Ouriques Martins

Originally published 2 Jun 2023 | <https://doi.org/10.1161/STROKEAHA.122.038459> | Stroke. 2023;0

Future Leaders' Engagement

- ✓ Elected as WSO Board Members
- ✓ Joined WSO Committees and Congress Team
- ✓ Joined the International Journal of Stroke as Reviewers and Editorial Board Members
- ✓ Produced WSA educational materials (webinars, podcasts, stroke checklists)
- ✓ WSO certification
- ✓ Played active part in WSC 2022, 2023, 2024
- ✓ Initiated a new committee (Telestroke)
- ✓ Produced multiple publications



GLOBAL CHALLENGES IN THE ACCESS OF ENDOVASCULAR TREATMENT FOR ACUTE ISCHEMIC STROKE

Presenter **Ahmed Nasreldein (Egypt)**

Lecture Time 05:37 PM - 05:48 PM





CHINA FUTURE STROKE
卒中未来
引领者计划
— LEADERS PROGRAM —

China Future Stroke Leaders Program

Requirements

- 1) Younger than 40 years old
- 2) M.D. and Ph.D
- 3) Associate chief physician or above
- 4) At least 1 year oversea training
- 5) Awareness of the evidence-based medicine

Flow



Members (N=14)



Director



Yongjun Wang
President of CSA

Executive Director



Yunyun Xiong
WSO Future Stroke
Leaders Cohort 2,
Head of International
Clinical Research Center of
CSA



CSA-China Future Stroke Leaders Program, to gather young talents and to lead the future development in the stroke area

Contents

● Clinical unmet needs for stroke (6 lectures)



● Evidence based journey for stroke (30 lectures)



● Research methodology and publication



FSLP – *Cohort 1* was able to achieve global impact

Global Stroke Alliance Hands-on on Acute stroke treatment project
Barriers to Access Endovascular Treatment for Acute Ischemic Stroke Worldwide Project
Ischemic stroke and intracerebral hemorrhages guidance (Egypt, Canada, Malaysia)
Ministry of Health (Ethiopia, Belgium)

01 Collaboration

“Regional and national differences in stroke thrombolysis use and disparities in pricing, treatment availability and coverage” (IJS and listed by PubMed)

“Key design elements of successful acute ischemic stroke treatment trials”

“Integrated Approach to Stroke burden: Are we doing enough?” (commentary)

“Stroke care in Armenia: Recent developments”

“Educational Needs of People Living with Atrial Fibrillation: A Qualitative Study”

02 Publications

NHMRC grant project looking at digital patient education for stroke prevention.

PSC- CSC certification

Clinical Practice guidelines for stroke rehabilitation from low- and middle-income countries

03 International Research

04 Stroke Care Improvements

WSO Certification of Stroke Centers Program for Latin America

Tele- stroke Projects (Africa, Belgium)

Young Stroke Researchers Workshop, São Paulo

Acute stroke reperfusion treatment improvement project

Developing a translational stroke care pathway in collaboration with other hospitals

Regional strategy to reduce onset-to-recanalization times

05 Educational Activities

Young Stroke Researchers Workshop
Educational Committees

Podcasts, webinars, stroke checklists, translation of stroke related materials and campaigns; social media campaigns to stroke fellowship programme

06 Awareness Initiatives

Local awareness campaigns in India, Brazil, Mauritius, Singapore, USA, Belgium, Ethiopia, Nigeria, Australia.

Community and University awareness programmes
Armed forces and Police awareness campaigns.

Media campaigns

FSLP Program - Your turn now!

What do you
expect from
the
program?



What do we expect?

Personal Growth

Presence
Commitment
Active participation
Self-awareness
Adaptability
High on energy – low
on ego

Demonstration of Leadership Potential

Visionary thinking
Problem-solving
Decision – making
Inspiring others
Long term engagement

Collaboration and Team work

Empathy
Communication skills
Project management
Accountability
Global mindset



What can you do as of today?

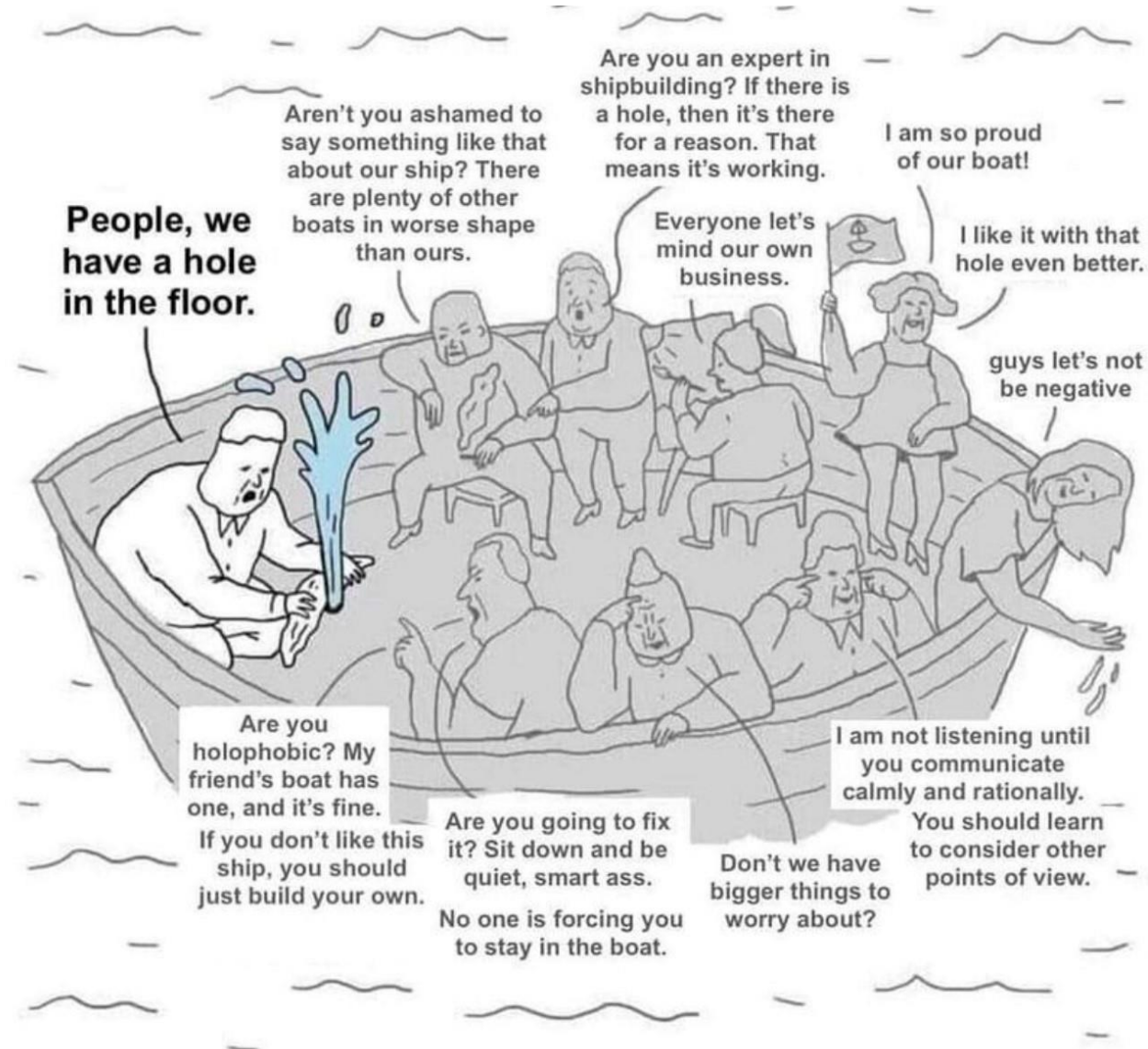
Your goals:

- Gain Clarity on your journey: understand your focus areas and find collaborators (why and what)
- Assess and upgrade your current skills – ***be open and willing to stretch***
- Foster local/global teamwork and 2- ways communication
- Be proactive and take ownership of your journey
- Its not about the certificate at the end – contributions and outcomes



Planning is the key

- Have a clear plan on how
- Incorporate this program in your life as of yesterday: inbox map...
- Be realistic – there always be some obstacles – your own icebergs (work, family, emergencies...)
- Have the right support system
- Planning workshop to follow!





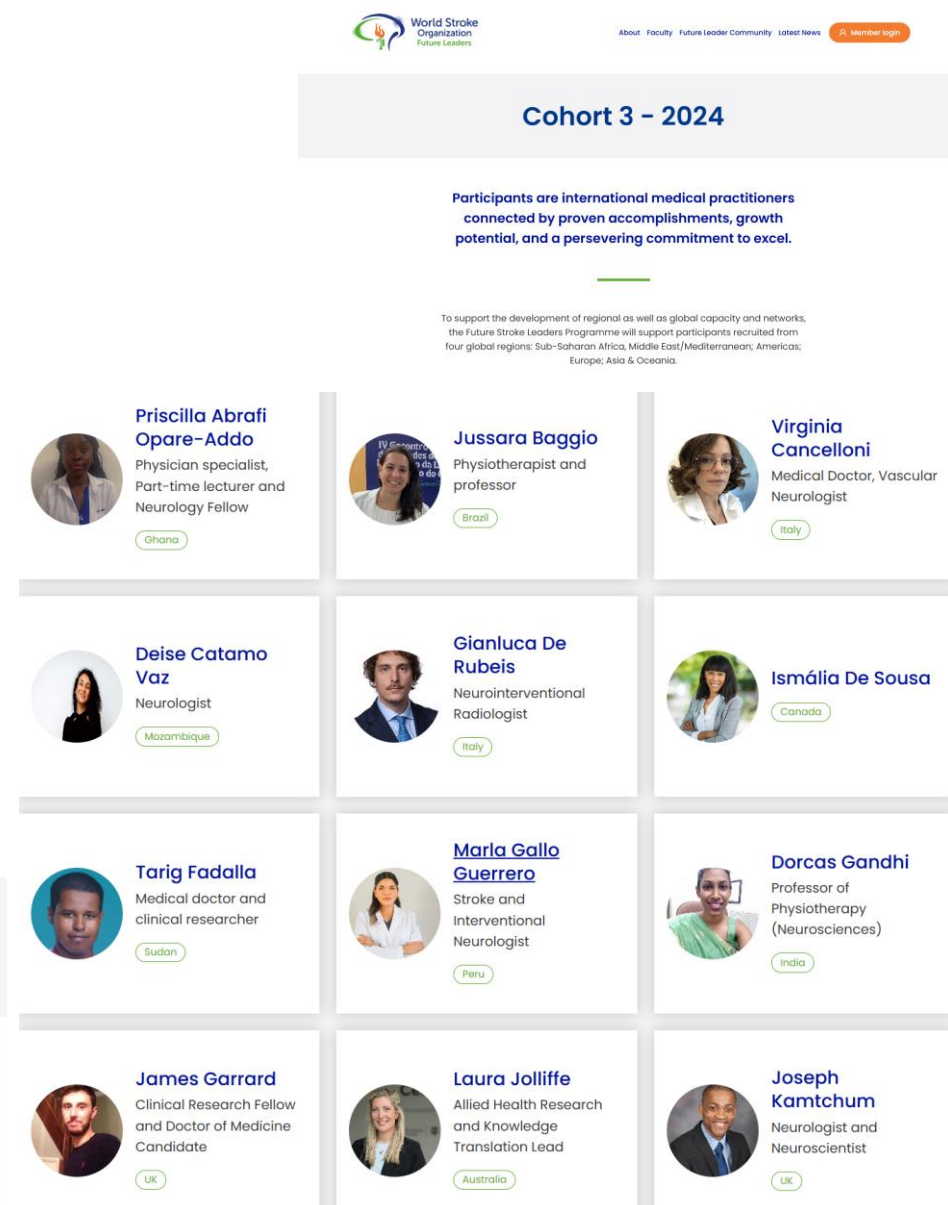
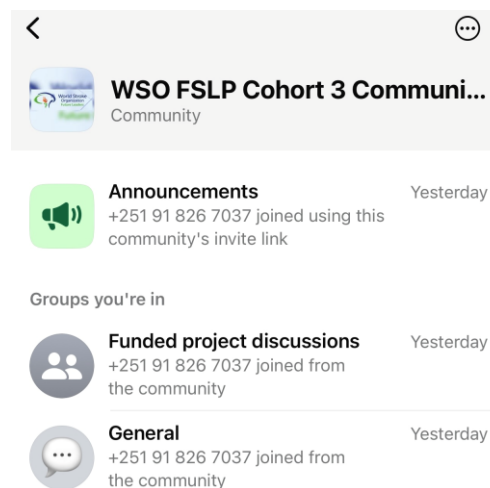
FSLP Rules of the road

- Respect each other and create safe environment
- Its not about titles but real leadership
- Ensure equal contribution, start planning already your projects already
- Project group rules and roles distribution
- Be responsive (emails, WhatsApp) – 2-month delay is a big no
- Maintain email hygiene (do not copy the whole group unless necessary) ex: thank you, I am in, received., etc – what is added value for 27 people?
- Mark your calendar for the deadline: **respect the deadline in one go**
- Understand organizational perspective, save recourses by being involved and responsive
- Go the extra mile – no excuses... Walk the talk
- Be creative



Tools and resources

- **Website:** can log in using the orange “Member login” button at the top-right of the Future Leaders section of the site: <https://www.world-stroke.org/world-stroke-future-leaders> (access recorded lectures, pre-reads, documents)
- WhatsApp joining link was shared
- **Social Media:** update your accounts – online presence is a must (workshop is available)
- **Emails, WhatsApp – main comms tools**
- **FTF – Perugia: 31 March – 4th April 2025**
- **Congresses 2024 and 2026**



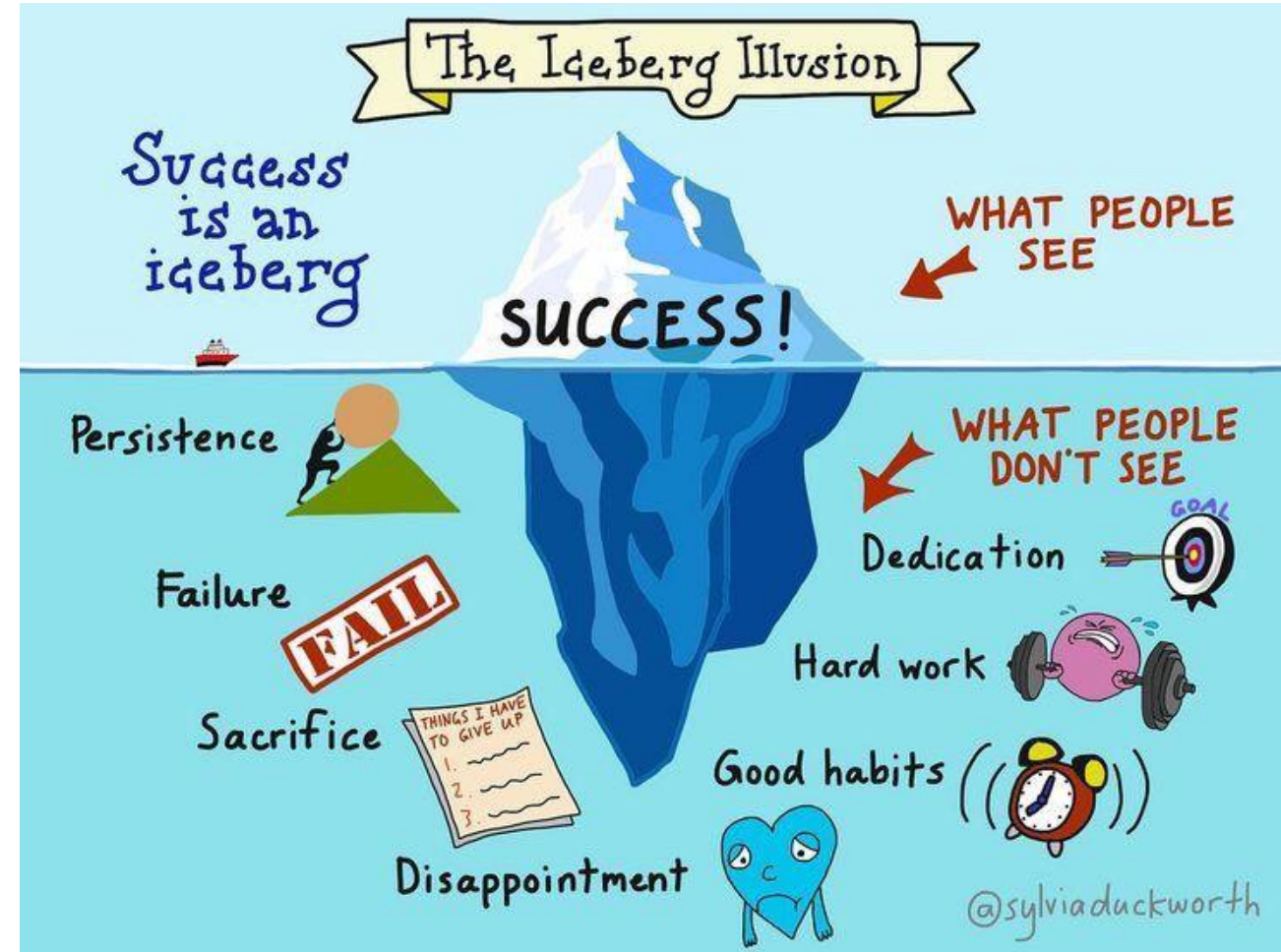
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Cohort 1 & 2 Wisdoms

- Network
- Relationships count
- Learn to delegate early on
- Learn time management
- Similar stroke concerns
- One glove doesn't fit all
- Resilience, critical thinking and problem-solving
- Look at the big picture
- Do your homework
- Get a toe in the door
- Quid pro quo (something for something)
- Walk a mile in another's shoes
- Strike while the iron is hot
- Read between the lines
- Half a loaf is better than none
- Rome was not built in a day



Message from Future Stroke Leaders



80% of strokes occur in LMICs – we are all in this together

Stroke professionals around the world share similar concerns

It takes up to 17 years to translate research into practice. We need to close this gap

Cross-disciplinary collaboration is critical to solving wicked problems in stroke. The FL Program facilitated the cross-fertilisation of ideas

It takes only one person to make a difference



Cohort 1 testimonials

"The FSLP is a unique opportunity to get to know and be mentored by a wonderful faculty of experts"

"FL improved my leadership skills, giving me subsidies to develop relevant research projects. I'm grateful and excited for the next year!"

"Great networking opportunities and start national and international collaborations"

"Amazing program! Thankful for WSO and the faculty"

"FL programme has allowed me to develop international networks and work towards improving a common goal- stroke care and outcomes. This has really helped to improve my clinical practice and research".

"The WSO FSLP one of its kind. The program allow me to learn more on stroke care and the engagement with stroke leaders increase the confidence and motivation to continue developing stroke care in our country. Congratulations WSO leaders!"

"Thank you for this opportunity to take part in this program. It helped me understand the global priorities for stroke care and the challenges in stroke care delivery in low- and middle-income countries."

"The FSLP has definitely given a boost to my research career in rehabilitation in terms of accessing small funds, international collaborations and opportunities for leadership in stroke recovery."



Probably the first time I leave a conference so inspired, with great experiences and a bunch of new friends "obsessed" with stroke research. See you all in Singapore
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[#Futureleaders](#) [@KhimKwah](#)
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No shortage of obsession, passion or enthusiasm. What an amazing week. So fabulous to be able to spend time with everyone (IRL!). Looking forward to the next time
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See you next time Dubai!
As future stroke leaders, we hope that through knowledge, training, collaborative research networks, and implementation programs we can lower barriers to disease awareness, prevention, and access to stroke treatment... See more

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What a journey! Questions?

