



About World Stroke Organization

The World Stroke Organization is the only global body solely focused on stroke. With around 3,000 individual and 90 society members spanning every global region, we represent over 55,000 stroke specialists in clinical, research and community settings.

Our vision is a world where people live free from the effects of stroke. This vision drives our global effort to improve stroke prevention, treatment, rehabilitation and support.

**WORLD
STROKE
DAY** 29TH OCT



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#ActFAST #WorldStrokeDay

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www.worldstrokecampaign.org

About World Stroke Day

World Stroke Day is held on 29th October each year.

The annual event was started in 2006 by WSO and we declared stroke a public health emergency in 2010.

World Stroke Day is an opportunity to raise awareness of the serious nature and high rates of stroke, talk about prevention and treatment, and ensure better care and support for survivors.



**EVERY
M1NUTE
COUNTS**

ARE YOU READY?

**LEARN TO SPOT THE
SIGNS OF STROKE.**

www.worldstrokecampaign.org

FAST SYMPTOMS



Face

One side of the face is drooping



Arm

Arm weakness, the person cannot raise their arms



Speech

Difficulty speaking, slurred speech



Time

to call an ambulance and say it's a stroke

Some people may experience severe headache, problems with balance or with their vision.

Every minute counts.

#ActFAST to save lives and improve recovery from stroke.



**Andrew Ang,
Stroke Survivor,
Singapore**

"I didn't know about F.A.S.T when stroke struck. When my arm was numb and my face was dropping, I thought I could just go for a massage. If I knew about F.A.S.T earlier, I would have sought treatment. Instead, I collapsed the next day."

The World Stroke Campaign has produced stroke symptom awareness resources in English, Chinese, French, Arabic, Spanish, Portuguese, and Hindi. These can be downloaded at www.worldstrokecampaign.org

ACT FAST

Why not test your stroke spotting skills using our online game at: www.strokespotter.org

Raising awareness with children

FAST Heroes is an award-winning schools based symptom awareness program.

Using fun information sharing activities, the program aims to save children's heroes – one grandparent at a time.

Visit www.fastheroes.com to find out more.

