

Stroke Connector January 2024 update

Welcome to the first update of 2024! We have event news from our SSO members, news from our #LifeAfterStroke Campaign and new resources in the Patient Education Repository.

SSO events

- On **29th February 2024, 12pm - 1pm GMT**, March of Dimes Canada and Stroke Association UK will host a **Collaborative Space** discussing the question **“What is peer support and how is it important?”** To find more details and register your interest please visit the events page on Stroke Connector [here](#)
- From **11th -12th March 2024**, the Stroke Alliance for Europe is hosting its second [Life After Stroke Forum](#) in Dublin, Ireland. This event unites people from diverse backgrounds to share insights, discuss the latest research, and explore best practices in the often under-researched journey beyond stroke.

Stroke campaigning

- As part of WSO's #LifeAfterStroke Campaign we are highlighting the priorities of people affected by stroke as set out in the [Global Stroke Bill of Rights](#). Help us in promoting these priorities by reading, signing and sharing!
- Stacie Broek gets behind the #LifeAfterStroke Campaign with her latest [blog](#) focused on team work in stroke recovery. Along with other people affected by stroke, Stacie also features in our social media campaign. Keep a look out for stories from stroke survivors around the world, like Dawa Tshering and Rinchen Pelmo's story below.

Resources

- This month we have added post-stroke spasticity resources to the [Patient Education Repository](#) on Stroke Connector. Let us know if there are topics that you would like to see added to the repository.

A graphic for the #LifeAfterStroke campaign. It features a photo of three people (two women and one child) sitting outdoors. To the right of the photo is a quote from Dawa Tshering and Rinchen Pelmo. The graphic includes the hashtag #LifeAfterStroke, the names of the individuals, and the World Stroke Organization logo.

#LifeAfterStroke

**Dawa Tshering
& Rinchen Pelmo**

“ When we desperately needed timely treatment, there was no CT scan available, leading to a delayed hospital visit beyond the crucial 4.5-hour window. After initial care, Rinchen was discharged with a prescription for physiotherapy, which was only available twice a week. Limited stroke care facilities compounded our struggles, taking a toll on us emotionally, physically, and financially, eventually leading to depression. Our access to proper stroke care was limited due to the absence of specialized facilities and professionals in Bhutan. There was no post-stroke care, and the financial burden was overwhelming. ”

