

World Stroke Day 2009 - Articles published in India

Brain stroke third largest killer in India

IANIS

Brain stroke is the third largest killer in India after heart attack and cancer. And on World Stroke Day Thursday, experts say that awareness and immediate medical help can save the life of a person suffering a stroke.

A study by the World Health Organisation (WHO), which was released in June, says that the incidence of stroke in India is around 130 per 100,000 people every year. It further says that about 20 percent of heart patients are susceptible to it.

P.N. Renjen, a senior consultant of neurology at the Apollo hospital, said that stroke is the most common cause of disability with more than 70 percent of stroke survivors remaining vocationally impaired and more than 30 percent requiring assistance with activities for daily living.

“Studies show that on an average, a person waits for 13 hours after experiencing the first symptoms of stroke before seeking medical care. Forty two percent patients wait for as long as 24 hours,” said Renjen, who is also associated with a health NGO, Subhadra Nambudiri Foundation (SNF). “Therefore, awareness on the issue is a must because it is critical to recognise the symptoms of stroke and seek immediate emergency attention,” he added.

Taking it forward from here, Mr. Renjen said that SNF will organise a National Stroke Awareness Day, on December 18th, followed by a National Stroke Awareness Month in July next year.

A brain stroke occurs when a blood vessel carrying oxygen and nutrients to the brain is blocked by a clot or bursts, causing the brain to starve.

If deprived of oxygen for even a short period of time, the brain cells begin to die. Once this happens, the part of the body controlled by that section of the brain is affected, impairing language, motor skills or vision or causing paralysis.

“Compared to heart attack, awareness about brain stroke, which is even more debilitating, is very limited. Therefore awareness is a must to improve the scenario,” Mr. Renjen added.

<http://beta.thehindu.com/health/policy-and-issues/article40507.ece>

World Stroke Day

Brain strokes need immediate medication: Doctors

Tribune News Service

New Delhi, October 29

In India, nearly 1,000 people succumb to stroke each day, while around 1,500 people live as paralytic throughout life after they suffer a stroke. As per the World Health Organisation (WHO), brain stroke is the third largest killer in India after heart attack and cancer. But, there is less awareness about the same even though they are more debilitating, said consultant neurologist Dr P N Rengen from Apollo Hospital.

A brain stroke occurs when brain stops receiving oxygen and nutrients and this happens after the blood capillaries carrying these to brain are blocked. This situation warrants immediate medical care, and any delay can be fatal, say doctors.

Dr Rengen, who works with NGO Subhadra Nambudiri Foundation, said there are studies which suggest that an average person seeks medical advice only after 13 hours of experiencing the initial symptom of stroke and 42 per cent of patients delay in going to the doctor by 24 hours that can be critical.

A study carried by the WHO, which was released this June, the prevalence of stroke was about 130 per 1,00,000 population every year, and nearly 20 per cent of people with cardiac ailments are susceptible to it. The study also points out that stroke is the most common cause of disability and dependence because 70 per cent of stroke survivors remain vocationally impaired and over 30 per cent need help in their daily life.

The World Stroke Organisation on World Stroke Day, stresses on sensitising people to emergency medication for strokes. The estimates of the apex health body suggest that around the world, 5.7 million people die every year due to stroke, and among survivors, 40 per cent experience moderate to severe disability and 10 per cent call for regular care.

Further, the prevalence of strokes in India is as high as 16, 67, 372 every year and 4,568 stroke attacks each day.

<http://www.tribuneindia.com/2009/20091030/delhi.htm#11>

Brain Stroke Third Largest Killer in India, but Awareness Very Low

(IANS)

30 October 2009

NEW DELHI — Brain stroke is the third largest killer in India after heart attack and cancer.

And on World Stroke Day on Thursday, experts say that awareness and immediate medical help can save the life of a person suffering a stroke.

A study by the World Health Organisation (WHO), which was released in June, says that the incidence of stroke in India is around 130 per 100,000 people every year.

It further says that about 20 per cent of heart patients are susceptible to it.

P N Renjen, a senior consultant of neurology at the Apollo hospital, said that stroke is the most common cause of disability with more than 70 per cent of stroke survivors remaining vocationally impaired and more than 30 per cent requiring assistance with activities for daily living.

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http://www.khaleejtimes.com/displayarticle.asp?xfile=data/international/2009/October/international_October2013.xml§ion=international&col=

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Thursday, October 29, 2009 (19:03:37)

Tags : India, diseases, brain stroke, World Stroke Day, WHO

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<http://www.headlinesindia.com/health-and-science-news/lifestyle-disease/brain-stroke-third-largest-killer-in-india-but-awareness-very-low-26548.html>

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October 29th, 2009 [ians](#)

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<http://www.thelatestnews.in/tag/brain-stroke>

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Oct 29, 2009 - 6:51:45 PM



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http://www.rxpgnews.com/medicalnews/Brain-stroke-third-largest-killer-in-India-but-awareness-very-low_198907.shtml

Mathrubhumi

IST: Friday, October 30, 2009 12:22:21 PM

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<http://www.mathrubhumi.org/news.php?id=25461>

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New Delhi | Thursday, 2009 8:05:06 PM IST

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(342 Words)

<http://news.webindia123.com/news/articles/Health/20091029/1372093.html>

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TRIBUNE NEWS SERVICE

NEW DELHI, OCTOBER 29

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World Stroke Day

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