

A Practical Guide to Delivering Effective Nursing in Stroke Care

Moving forward following the National Stroke Strategy and NICE Guidance

TUESDAY 10 NOVEMBER 2009 20 CAVENDISH SQUARE, LONDON

Topics include:

NATIONAL UPDATE FROM THE DEPARTMENT OF HEALTH
The National Stroke Strategy and the nursing contribution: Progress and moving forward

Raising awareness and improving access to services

Developing nursing quality metrics and indicators to improve stroke care

Working at an advanced level of practice: developing competence in stroke care through education and training

Changing frontline care practice to improve quality of care and patient outcomes

Detection and prevention of stroke through early recognition

Urgent assessment and treatment of stroke

Setting up and running an effective nurse led stroke clinic

Reviewing stroke services and implementing change to improve patient care

Rehabilitation and discharge planning after a stroke

Reviewing stroke services and implementing change to improve patient care

Chair and Speakers include:

Professor Roger Boyle CBE

National Director of Heart Disease and Stroke Department of Health

Professor Caroline Watkins

Professor of Stroke and Older People's Care Clinical Practice Research Unit, Department of Nursing, University of Central Lancashire and Adviser National Stroke Strategy

Nikki Hill

Deputy Director of Communications The Stroke Association





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“Stroke is the third biggest killer in the UK. In England alone there are more than 110,000 strokes each year. It is the leading cause of long-term severe disability in adults...The report shows that the UK lags behind other major western countries in cerebrovascular disease mortality – a disease of the blood vessels supplying the brain often leading to a stroke.”

HEALTH FOUNDATION REPORT GIVES WAKE UP CALL ON STROKE CARE, 8TH MAY 2008, THE HEALTH FOUNDATION

Feedback from delegates who attended the previous Nursing in Stroke Care event:

“Very good, each speaker provided lots of information, old and new, to refresh or provide new ideas to take back to my area. It was both scientific and humanistic in value. I thoroughly enjoyed the day, provided much motivation and enthusiasm.”

WARD MANAGER, DONCASTER HOSPITAL

“Enjoyed the day, given me a lot to think about and discuss with team to really move our service forward. Presentation pack an excellent resource to take away.”

CLINICAL EDUCATOR, UNITED LINCOLNSHIRE HOSPITALS NHS TRUST

“Excellent conference as it is nurse led, makes it more relevant to my job. All the topics I feel I can take back to my organisation and utilise.”

STROKE NURSE, NAAS GENERAL HOSPITAL

The Stroke Strategy, launched on 5 December 2007, sets a clear direction for the development of stroke services in England over the next ten years and by 2010 the government aims to reduce the death rate from stroke, CHD and related diseases in people under 75 by at least 40%.

Chaired by **Professor Caroline Watkins** *Professor of Stroke and Older People's Care Clinical Practice Research Unit, Department of Nursing, University of Central Lancashire and Adviser National Stroke Strategy* the conference provides a practical guide to Delivering Effective Nursing in Stroke care focusing on moving forward following the National Stroke Strategy and NICE guidance.

The conference examines the nursing contribution to improving the patient pathway in Stroke Care from prevention to discharge, and focuses on expanding the nursing role to support Stroke Care, with case study based presentations providing examples of experiences in practice.

The conference programme includes a session on developing nursing quality metrics and indicators to improve stroke care and using clinical dashboards to benchmark quality in stroke care helping nurses learn from data to make improvements to the quality of stroke care and patient experience.

You will also have the opportunity to hear from **Professor Roger Boyle** *cbe National Director of Heart Disease and Stroke Department of Health* who will give a national update from The Department of Health on the National Stroke Strategy, NICE Guidance, its implementation and the nursing contribution to improving stroke services.

You will have the opportunity to question the speakers about their experiences in Stroke Care enabling you to take back ideas for implementation in your own organisation.

10.00 **Chairman's welcome and opening introduction**

10.20 **Raising awareness and improving access to services**

Nikki Hill

Deputy Director of Communications The Stroke Association
with a Stroke Survivor

- improving awareness of the symptoms of stroke among professionals and the public
- involving stroke patients in planning their care and evaluating local services
- a stroke survivors perspective

10.45 **Developing nursing quality metrics and indicators to improve stroke care**

Melissa Brechin

Stroke Nurse Consultant
Salford Foundation Trust

- developing and implementing nursing quality metrics and indicators to improve stroke care
- using clinical dashboards to benchmark quality in stroke care
- learning from the data to make improvements to the quality of stroke

11.10 Questions and answers, followed by coffee and exhibition at 11.20

FOCUS: Improving the quality of nursing to support stroke care

11.50 **Changing frontline care practice to improve quality of care and patient outcomes**

Gill Cluckie

Stroke Specialist Nurse Guys and St Thomas' Hospital NHS Trust and
Clinical Lead for Stroke SE London Stroke Network

- monitoring the quality of stroke care and impact on patient outcomes
- making improvements to frontline practice to ensure patients receive timely effective treatment
- expanding nursing roles to deliver urgent stroke care 24/7

12.20 **Working at an advanced level of practice: developing competence in stroke care through education and training**

Steven Duckworth

Consultant Nurse in Stroke
Medway PCT/Medway NHS Foundation Trust

- developing competence in stroke care through education and training
- continuously improving your knowledge and skills to provide effective treatment
- expanding nursing skills: nurse prescribing in stroke care
- my role as a Consultant Nurse in Stroke Care

12.50 Questions and answers, followed by lunch and exhibition at 13.00

14.00 **NATIONAL UPDATE FROM THE DEPARTMENT OF HEALTH**

The National Stroke Strategy and the nursing contribution: Progress and moving forward

Professor Roger Boyle CBE

National Director of Heart Disease and Stroke
Department of Health

- the National Stroke Strategy, NICE guidance and NAO review: updates
- improving strokes services and patient care: the nursing contribution to making a difference
- developing nursing quality metrics and indicators to improve stroke care
- national support and resources available to improve services and accelerate the response to stroke

14.25 **Detection and prevention of stroke through early recognition**

Caroline Lawson

Nurse Consultant
Stroke Yeovil District Hospital NHS Foundation Trust

- detecting and responding to stroke like symptoms
- managing minor strokes/TIAs quickly and effectively
- tackling vascular risk

FOCUS: Improving the patient pathway in stroke care: from prevention to discharge

14.50 **Urgent assessment and treatment of stroke**

Maria Fitzpatrick

Consultant Nurse Stroke Management King's College NHS Foundation Trust
and *Editorial Board Member* British Journal of Neuroscience Nursing

- responding quickly and providing specialist stroke care including scanning within 24 hours of experienced symptoms
- developing and maintaining your clinical assessment and treatment skills
- developing and implementing a stroke pathway to support the patient journey
- meeting the physical, psychological, emotional and communication needs of stroke patients

15.15 Questions and answers, followed by tea and exhibition at 15.25

15.45 **Rehabilitation and discharge planning after a stroke**

Bethann Siviter

Nurse Consultant
South Birmingham Primary Care Trust

- providing intensive rehabilitation immediately after stroke
- working collaboratively to provide excellent quality of care
- effective discharge planning and ensuring continued care in the community
- examples of good practice in South Birmingham: patient stories

CASE STUDIES: Developing and expanding nurse led stroke services to improve the patient experience

16.10 **Setting up and running an effective nurse led stroke clinic**

Case study: nurse led rapid stroke assessment clinics

Amanda Jones

Nurse Consultant Stroke Sheffield Teaching Hospitals NHS Foundation Trust
and *Adviser* National Stroke Strategy

- setting up and running a nurse led stroke clinic: our experience in Sheffield
- assessing patients and making appropriate referrals
- capacity issues and ensuring you have support to run the service when you are not available
- the impact of the nurse led clinic to patient care

16.35 **Reviewing stroke services and implementing change to improve patient care**

Case study: developing a stroke unit: collaborative working

Professor Pradeep Khanna MBE *Consultant Geriatrician*

Sally Moseley *Clinical Nurse Specialist, Stroke and*

Julie Brown *Ward Sister* Gwent Healthcare NHS Trust

- raising the profile of the unit within the Trust
- engaging the multidisciplinary team and reorganising existing resources
- developing a fast-track system for transferring patients to the unit
- expanding nursing roles and working autonomously
- continuously reviewing the service to improve quality of care

17.00 Questions and answers, followed by close

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Date
Tuesday 10 November 2009.

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